



WATCH

Episode 8 of Intro Series – introseries.org/churches-episode-8

Then select elements from below to make up your session depending on your timescales and group.



OBJECT LESSON

This resource can be used to further teach the main themes.

1. Ask the group if they have any favourite Bible verses. Using playdough, get the group to create something from their favourite verse.
2. Show a mobile phone. Ask, in what ways do people communicate using this device? (Calls, text, social media, emails...) Ask, how do you think it would feel to get a message from a friend? How do you think it would feel when there are no messages? How do you think it would feel if the phone was lost? A mobile phone can connect us to many people at the one time. It can make us feel good when we get a message from a friend or family member. Calls, texts, emails all help us get to know a person and hear their news and share our news with them. What makes it better is when you meet your friends or family face to face and talk together. Friendship and families grow closer when they talk to each other. Prayer is the same. When we pray to God and we try and listen to what God wants to say to us, our connection with God gets stronger. Why not start the conversation with God today.



PRAYER IDEA

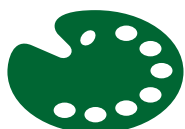
1. Create a prayer tree. Get a large pot with soil and a large branch with branches coming from the main branch. Draw leaf shapes on different shades of green paper/card. Cut them out and punch a hole in each one. Cut out small strands of ribbon. Ask the young people to write a prayer of thankfulness onto the leaf and then tie it onto the tree with the ribbon.



DISCUSSION STARTER QUESTIONS

These questions are for individuals or groups who would like to explore the themes of the episode in greater depth.

1. Read: Matthew 6: 9-13
2. What does it mean when it says: let your kingdom come?
3. If God knows exactly what we need then why should we pray to Him?
4. What does it mean to forgive and to be forgiven by others?
5. Who is the evil one and why would we be tempted?



CRAFT

1. S.T.O.P bracelets. Using two strands of wool. Wind together, along with the letter beads, the letters that spell out STOP to help young people remember one of the ways they can pray.
2. Decorate socks. Give each child a pair of white socks and using fabric paints allow them to decorate their socks as a reminder that following Jesus is an adventure.



ACTIVITY SHEET

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-8>



WORSHIP SONGS

Can be used at any point.

See website for details.

<https://introseries.org/churches-songs>



QUIZZES

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-8>



GAMES IDEAS

1. Follow the leader. A 'leader' walks around the room and everyone follows and copies the leader. The leader can be creative with how they get around the room. A variation of this could be to let one of the young people be the 'leader'.
2. A game of 'Simon Says'. A leader stands at the front and when they say 'Simon says do this' followed by an action, the young people should do the same thing. When the leader only says 'Do this' followed by an action, the young people should not do it and if they do, they are out.



MEDITATION (only for those who feel comfortable doing this)

Lie on the floor in a quiet area or sit on a chair with eyes closed. Relaxing music will be played. A leader guides young people by reading the following questions and statements for young people to think about quietly.

Alternatively: an audio recording with music, statements and questions have been provided with this resource.

1. Imagine you are with Jesus now. If you were to say a sorry, what would you be sorry about? Share this with Him. You are forgiven.
2. What would you like to thank God for?
3. Think of someone who needs to feel they are loved. Mention their name to Jesus.
4. If you could ask Jesus for anything, what 'please' prayer request would you ask?