



WATCH

Episode 7 of Intro Series – introseries.org/churches-episode-7

Then select elements from below to make up your session depending on your timescales and group.



OBJECT LESSON

This resource can be used to further teach the main themes.

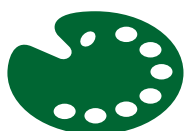
1. Display all the objects required for Communion and explain what each items represent and how this sacrament can help us remember what Jesus did and how we can connect with him today.
2. Inside an egg box there are three eggs. One is decorated. The second is a normal egg and the third egg has been pre-empted. (Use a sewing needle to pierce the eggshell at both end. You can then blow out the contents through one of the ends). Show the decorated egg and ask the group who has done this at Easter. Get ideas of what ways they have decorated it. The egg can help us remember some of the Christian celebrations. Show the second egg and break the egg showing the contents stating this can help us remember the Trinity. One egg (one God) – eggshell is like the Father, egg white is like Jesus and the yolk is like the Holy Spirit but it's all one egg. God was present before the world began. When you come to the 3rd egg. Share how Jesus came to earth to show freedom, love and a way of life that is fulfilling. His death on the cross was the beginning of freedom for many but as we celebrate Easter, part 2 of the story is revealed through the tomb. Ask the group what happened next? As they share, break the egg to reveal it is empty. The tomb was empty. Jesus is risen. He showed himself to some of the disciples and left them the Holy Spirit before ascending to heaven commanding them to share this good news to others and that's what people are still doing today.



DISCUSSION STARTER QUESTIONS

These questions are for individuals or groups who would like to explore the themes of the episode in greater depth.

1. Read Luke 24: 1 - 34
2. If Jesus did not rise again, what would that mean for Christians today?
3. Why do you think two of Jesus followers did not recognise Jesus as He walked with Him?
4. Do you think Jesus walks with you as you go about your daily routine?
5. In what ways can we invite Jesus into our daily routines?



CRAFT

1. Abstract painting. Give each young person a piece of, pre-painted in white, cardboard. Sizes can vary. Get them to make a cross in the centre of the cardboard with masking tape. They can then paint the cardboard however they like. The more abstract the better. Once the paint has had a little time to dry, they can peel off the masking tape revealing a white cross.
2. Homemade advent calendar. Give each young person 25 envelopes. Get them to number the envelopes from 1 - 25 and decorate the front. On the back of the envelope the leader will have a Bible ref (This reference could be part of the re-telling of the Christmas story) The young people can either write the verse the leader gives them, or the leader can pre-write them) Encourage the young people to look up the verse when they open the envelope. Each person can then place a small sweet in each envelope and depending on budget, another suitable gift. What would make some of the envelopes more special is if a leader wrote a Scripture promise or word of encouragement in some of them. For example: You are loved. You are unique and wonderfully made... Get them all to seal the envelopes and give them an elastic band or clip to hold them together to keep for the start of December.



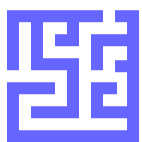
GAMES IDEAS

1. Bows. Place a target on the floor. Roll the ball as close to the target as possible. Everyone gets a chance to roll a ball. The closest wins.
2. Place several Items (10 items) on a tray. Everyone examines the items, without moving them. The leader then covers the tray and secretly removes an item. The tray is then revealed, and the young people must guess which item has disappeared. Once guessed correctly the item is returned to the tray. The game continues. This game can be done as one group or split into two groups and one volunteer comes up from each side and the first person to say the missing item gets a point for their side.



PRAYER IDEA

1. Gift of Praise: Make a gift of praise for God. Gift wrap a small cardboard box and tie a bright ribbon around it or paste a large square of gift wrap onto backing paper and add ribbons so that it looks like a present. Then, give out small pieces of paper or sticky labels and ask the group to each draw or write something that they want to thank God for or praise God for. Play some quiet music while people come up one at a time to place or stick their prayers on to the box. You could keep the gift box of praise to put under a Christmas tree at church and open it at Christmas to use as part of your worship.



ACTIVITY SHEET

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-7>



WORSHIP SONGS

Can be used at any point.

See website for details.

<https://introseries.org/churches-songs>



QUIZZES

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-7>



MEDITATION (only for those who feel comfortable doing this)

Lie on the floor in a quiet area or sit on a chair with eyes closed. Relaxing music will be played. A leader guides young people by reading the following questions and statements for young people to think about quietly.

Alternatively: an audio recording with music, statements and questions have been provided with this resource.

1. Imagine you are walking along a quiet golden sand beach and Jesus starts walking with you, what would you ask Him?
2. Now imagine you are lying on the sand of this golden beach and the sand is lovely and warm, and you hear the waves and Jesus tells you: You are loved, and He would like to help you, what would you say to Jesus?
3. Think how you may share Jesus' love to others?