

PICK & MIX RESOURCES

Episode 2 – Introducing God (Part 1)



WATCH

Episode 2 of Intro Series – introseries.org/churches-episode-2

Then select elements from below to make up your session depending on your timescales and group.



OBJECT LESSON

This resource can be used to further teach the main themes.

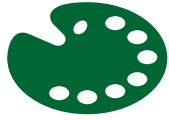
1. Use an egg to further explore how some Christians see the Trinity. Three parts, but one egg.
2. To explore the function of the Holy Spirit in people's lives, use a balloon. When air fills the balloon, the balloon is fulfilling its purpose, its function. Just like when the Holy Spirit fills people, it's like God breathing His own life and our true purpose into our lives, helping us function in our day-to-day life experiences.



DISCUSSION STARTER QUESTIONS

These questions can be used to help explore the themes of the episode in greater depth.

1. Christians believe in one God in three persons - Father, Son and Holy Spirit. Why do you think this is important?
2. If Jesus did not rise after death, would the Christian faith be different today?
3. From the Bible, what function does the Holy Spirit have in people's lives?
4. Was Jesus a Christian?



CRAFT IDEAS

1. Decorate a hard-boiled egg.
2. Make a bracelet using three strands of different coloured cord and/or add three different colours of beads to represent the Trinity. There's an example of how to do this here:

<https://www.youtube.com/watch?v=MN4UWqzVXCI>.



GAMES IDEAS

1. Obstacle Course: The group is split into two groups. Each group is now competing to get through a three-item obstacle course. The first person in each group runs to their first individual obstacle (e.g. hula hoop). They get themselves through the hula hoop and place it back down and head to the next obstacle.
2. This game is a classic 'find the item', for all to observe but seeking volunteers for each guess. Three large cups placed on table upside down. An item of your choosing is placed under the cup and the cups must be mixed around. A volunteer is then asked to guess where the item is. It starts off slowly then gets increasingly difficult.



ACTIVITY SHEET

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-2>



WORSHIP SONGS

Can be used at any point.

See website for details.

<https://introseries.org/churches-songs>



QUIZZES

Can be used at any point.

See website for details.

<https://introseries.org/churches-episode-2>



PRAYER IDEA

1. When the Holy Spirit first came, the Bible describes it like “tongues of fire” that were touching the heads of the people. But it was strange, the flames didn’t burn people. It was like the warm breath of God filling them up with his love. His breath gave them courage to live as his friends and followers and hope to share this with others. The Holy Spirit helps people to pray and praise. God sent us his Holy Spirit to live in us and to be our special helper.

Have the children draw round their hand on red, orange or yellow coloured paper and then cut out the shape. Ask them to write a short of prayer of thanks on the hand. Stick the finished prayers onto a sheet of paper with head shapes on it so it looks like the “tongues of fire” mentioned in Acts. Pray the prayers of thanks.



MEDITATION (only for those who feel comfortable doing this)

Lie on the floor in a quiet area or sit on a chair with eyes closed. Relaxing music will be played. A leader guides young people by reading the following questions and statements for young people to think about quietly.

Alternatively: an audio recording with music, statements and questions have been provided with this resource. See additional resources.

1. Think of space, before the world began, and God’s love being there.
2. Imagine you are lying on lovely green grass, the sun is out, and you feel the warmth on your face, you feel a gentle breeze, the breeze reminding you of how much you are loved by God.
3. This is a time to be still and quiet. This is a time when you can speak to God quietly in prayer.