

# PICK & MIX RESOURCES

## Episode 1 – Introducing the Bible



### WATCH

Episode 1 of Intro Series – [introseries.org/churches-episode-1](https://introseries.org/churches-episode-1)

Then select elements from below to make up your session depending on your timescales and your group.



### OBJECT LESSON

*This resource can be used to further teach the main themes.*

1. With newspapers and tape, get your group to build a tower. Explore the strongest tower explaining that a tower, a building, needs strong foundations to stand. As Christians, our strong foundation can be built by reading, exploring, praying through, and living out what God is saying in the Bible.
2. Get small containers/trays or plant pots and have the young people fill them with soil and plant seeds (cress seeds work well) of their choosing. Fill the container to around  $\frac{3}{4}$ , place seeds on top then cover them with a little more soil and water. While doing this activity explain that seeds need soil, water and light in order for the seeds to grow. Christians see the Bible as one of the tools to help them grow in their faith and later in the series we will explore other tools Christians have to help them grow closer to God.



### PRAYER IDEA

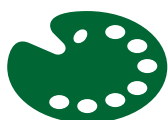
1. Give each young person a piece of lego or duplo and invite them to build a wall one piece at a time together. As they place their lego piece on the wall ask them to say a prayer of thanks or praise about who God is or what he has done for us. At the end thank God for the Bible and the strong foundation that it gives us as we get to know God better.



## DISCUSSION STARTER QUESTIONS

*These questions can be used to help explore the themes of the episode in greater depth.*

1. Is the Bible relevant today?
2. Do you ever read the Bible? Where? When?
3. Is it easy to read the Bible? What things can help?
4. What is your understanding of the whole story of the Bible?
5. What is the Good News of the Bible?
6. Why do you think the Bible is popular / unpopular?
7. Can you think of a time when a verse from the Bible has helped you?



## CRAFT IDEAS

1. Create a bookmark that contains the names of all 66 books in the Bible.
2. Create a collage. Each young person could be assigned a day from the story of creation (moon and stars/land and sea etc). Once completed the pictures can be joined together as one large piece of artwork.



## GAMES IDEAS

1. Corners: Name each corner of the room with a book from the Bible. Play music and ask young people to walk around the room. When the music stops, young people then run to a corner of their choice. A leader, who is unable to see the young people, shouts out one of the books a corner was named after. Whoever is in that corner is out of the game. The game continues in the same way. The winner is the last one to survive elimination.
2. Write down all the books of the Bible on paper and cut them into individual slips. Each team is given an envelope with a set of all the books. The teams then race to sort all the Old Testament books from the New Testament books.



## MEDITATION (only for those who feel comfortable doing this)

*Lie on the floor in a quiet area or sit on a chair with eyes closed. Relaxing music will be played. A leader guides young people by reading the following questions and statements for young people to think about quietly.*

*Alternatively: an audio recording with music, statements and questions has been provided with this resource. See additional resources.*

1. Think of a time when you felt loved by someone. It could be a family member or a friend.
2. How did feeling loved make you feel? Happy? Sad? Confused? Shocked?
3. As you think about a time you have felt loved, think about this verse from the Bible: Psalm 145:8, '*The Lord is gracious and compassionate, slow to anger and rich in love*',
4. God loves you just as much and possibly even more than you can imagine. How does this make you feel knowing that God loves you in this way?
5. This is a time to be still and quiet. This is a time when you can speak to God quietly in prayer.



### ACTIVITY SHEET

*Can be used at any point.*

*See website for details.*

<https://introseries.org/churches-episode-1>



### WORSHIP SONGS

*Can be used at any point.*

*See website for details.*

<https://introseries.org/churches-songs>



### QUIZZES

*Can be used at any point.*

*See website for details.*

<https://introseries.org/churches-episode-1>